## PACKING LIST

## 3 week - Junior Camp

## All clothing and personal items must be labeled with camper's full name.

Bedding	Toiletries
3 warm blankets or 2 blankets and a sleeping bag that zips open all the way (nights can be cold)	toothbrush & toothpaste
4 flat sheets (cot or twin, we have a special sheet- changing system at camp)	comb/brush
1 pillow	🔲 shampoo & soap
3 pillowcases	2 bath towels, 1 washcloth
	sunblock
Clothing	insect repellent
For the most protection against ticks and mosquitos, we recommend treating your hiking clothing with Permethrin	
before coming to camp (lasts 6 weeks).	Other
5 t-shirts	day pack (school backpack is fine)
2-3 long-sleeved breathable shirts	1 liter water bottle
1 white cotton shirt to tie-dye MUST BE 100% COTTON	5 stamped envelopes addressed to parents/guardians
5 shorts	an address list and extra stamps and envelopes
4 long pants (preferably lightweight)	flashlight (or headlamp) and batteries
7 underpants	sleeping bag (if you're buying a new one, not too bulky)
7 pairs of socks (1+ pair of wool socks, not cotton)	eating utensils for hikes (spoon and bowl)
2 pairs of pajamas	
2 swim suits	Optional
1 fleece jacket (not cotton)	sandals, flip flops, or crocs (for walking around camp)
1 other sweater/sweatshirt	favorite cuddly animal
raincoat or poncho	books (camp has a library as well)
2 pairs of sneakers	musical instruments
1 pair of water shoes (or sandals that stay on in the river - crocs are not secure enough)	camera (one that does not need charging)

**YOU CAN HELP US** by not bringing or sending gum, food, candy, toy weapons, makeup, silly putty/string, violent comic books, pop culture magazines, and any electronic devices including cell phones. Omitting such things encourages appreciation of our simple, wholesome food and culture at camp.

## PACKAGES are fun to receive at camp for the camper who receives them. We suggest NO MORE than one care package per week.

Items such as books, games, or stuffed animals are welcome. You may bring some letters/packages with you to drop off numbered with the order in which to give them to your camper to avoid initial USPS delays.

**FOOTLOCKERS**, trunks, or other storage containers should be less than 15 inches tall, so they will fit under the bed. Any large container less than 15" tall will work fine! Hard sided containers tend to work best. If you are flying, a hard sided suitcase that can easily slide under the bed will work.

**STATE HEALTH REGULATIONS** prohibit the use of sleeping bag in place of sheets and bedding at camp. A sleeping bag that can zip all the way open can replace one blanket but cannot replace all bedding.