# WHAT TO BRING

#### **SENIOR CAMP**

# All clothing and personal items must be labeled with camper's name.

## **BEDDING**

- 2 or 3 warm blankets
- 4 flat sheets, cot or twin size (we have a special sheet changing system at camp)
- 1 pillow
- · 3 pillow cases

#### **CLOTHING**

For the most protection against ticks and mosquitos, we recommend treating your hiking clothing with Permethrin before coming to camp (lasts 6 weeks).

- 5 t-shirts
- 2 long-sleeved breathable shirts
- 1 white cotton shirt to tie-dye
- 4 long pants (including 2 pairs of comfortable lightweight pants to hike in, nylon or polyester)
- 4 shorts
- 8 underpants
- 6 pairs of socks (including 4 pairs of hiking socks or other thick socks)
- · 2 pajamas
- 2 swim suits
- 2 fleece sweatshirts or jackets (no cotton)
- 1 other sweater/sweatshirt
- 1 rain poncho (needs to be fairly durable!)
- 1 pair of sandals or flip-flops
- 1 pair of river shoes
- · 1 pair of sneakers
- 1 warm knit hat for cold nights on hikes
- 1 pair of long underwear
- 1 pair of hiking boots (broken in before camp)

## **TOILETRIES**

- toothbrush & toothpaste
- · comb or brush
- shampoo & soap
- 2 towels
- sunscreen
- · insect repellent

#### **OTHER**

- external or internal frame backpacking pack (we recommend renting from camp for \$10)
- lightweight sleeping bag with stuff sack (to take on hikes)
- · 2 one-liter water bottles
- 5 stamped envelopes addressed to parents
- · flashlight or headlamp and extra batteries
- Mess kit for hikes (any spoon and bowl)
- 6 garbage bags (30 gallon heavy duty are best)
- · 6 gallon-sized ziplock bags

#### **OPTIONAL**

- · musical instruments
- camera
- books
- bandana
- additional letter writing supplies
- · favorite cuddly animal

**PLEASE COOPERATE** by not sending gum, food, candy, toy guns, violent comic books, pop culture magazines, and any electronic devices including cell phones. Omitting such things encourages appreciation of our simple wholesome food and culture at camp.

**PACKAGES** are fun to receive at camp. However, we suggest no more more than one care package per week. Items such as books, games, or stuffed animals are welcome.

**FOOTLOCKERS**, trunks, or other storage containers should be less than 15 inches tall, so they will fit under the bed.

**STATE HEALTH REGULATIONS** prohibit the use of sleeping bag in place of sheets and bedding at camp.

MAKE-UP should be for skit use only.

QUESTIONS? Give us a call (828) 675-4323 or email campcelo@gmail.com Camp Celo 775 Hannah Branch Rd, Burnsville, NC 28714 www.campcelo.com